



Infant Care and Safe Sleep Agreement

For an infant to successfully acclimate to a group care environment it is imperative that the childcare provider and parents work together. Often, the most difficult transitions in childcare revolve around sleep and feedings. While in the care of Melissa Huber's Family Child Care Home infants will only be allowed to sleep as prescribed by Shepard's law and DHS licensing requirements.

Sleep

I understand while under the care of Melissa Huber FCCH, my infant will only be allowed to sleep flat on their backs on a firm mattress with a tight fitting sheet, in an empty crib or pack and play that meets the Consumer Product Safety Commission Safety Standards and infant's arms will remain free at all times (no swaddling). Infants will be offered a pacifier for sleep, if provided by the parent, but pacifiers will not be attached by a string to the infant's clothing and will not be reinserted if they fall out after the infant is asleep. When able to roll back and forth from back to front, the infant will be put to sleep on their back and allowed to assume a preferred sleep position.

I understand that if my child has an illness that requires constant supervision while sleeping or requires a sleep environment other than what is described above, they should remain at home until they were well enough to have intermittent supervision during sleep in the above environment. Doctor notes requesting a child sleep in an alternate position will NOT be accepted.

When space and infant sleeping habits allow very young infants (less than 6 months) will sleep in the playroom so that they may be constantly observed.

Upon reaching one year of age children will be transitioned to cot sleeping. Once on a cot children will be provided with a blanket for comfort and at 18 months they will also be given a small pillow. Children of all ages are required to leave their heads uncovered during rest time.

For an infant to successfully and peacefully sleep safely in child care it is imperative that child care providers and parents work together. Parents must help the infant adjust by practicing safe sleep in their home! I understand that if my infant does not acclimate to a safe sleep environment within 3 weeks of full time attendance, my child care contract may be terminated.

Infants will also be allowed to sleep any time they are tired and will not be forcefully kept awake or woken from naps.

Provider's initials

Parent's initials

Parent's initials

Feedings

Infants must be acclimated to bottle feedings BEFORE their first day in care. Dropping an infant off that has only ever been breast fed or has not been successful with bottle feeding is not acceptable and will result in IMMEDIATE termination of child care services. Young infants should also receive at least 1 feeding in the morning before arrival at daycare. Mornings are a busy time with arrivals and breakfast and I can't guarantee I will be able to immediately feed a hungry newborn.

Pacifier

If an infant uses a pacifier at home, parents must provide one of the same type to remain at daycare.

Infant Equipment

Tummy time is an absolute requirement for infants. I will attempt to get at least 3 sessions in a day, but parents also need to have infant's practice tummy time at home.

I do not use swings in my child care home. Swings are typically used to put an infant to sleep and since it is unsafe for an infant to sleep in one, I simply do not have them.

To prevent "container baby syndrome" I have very few sitting devices for infants. Infants will spend a majority of their time on the floor and in closely supervised tummy time. The position of items around them will be adjusted to encourage them to look both directions and to help prevent them from developing torticollis as well as flat spots on their heads.

Parent Signature

Date

Parent Signature

Date

Provider Signature

Date